

Athletes with Disabilities

Table Tennis NSW Disability Inclusion Action Plan 2023-2025

Key Result Area (objectives)	Performance Measures	Time frame	Responsibility	Allocated Funding \$	Achievement	TTNSW Business Plan Links – Meets Key Performance Area
STRUCTURE						
1.1 Establish NSW New Disabilities Committee	Key people to be identified – meetings To be re-established – March 2023	April 2023 March 2025	Disabilities Director TTNSW CEO	Admin costs for implementation of plan BAU	completed	KPA - Administration
1.2 Establish a link from TTNSW Disabilities Committee to TTNSW Board and staff	<ul style="list-style-type: none"> Formal process and key contacts identified Regular communication – Staff are able to respond to membership enquiries from people with a disability 	April 2023	TTNSW CEO	BAU	Sub Committee Formed 3 membs On TTNSW Board	Strategic Plan Pill/3
1.3 Develop new TTNSW DAP	<ul style="list-style-type: none"> Planning meeting to be held Draft plan developed and to be submitted to TTNSW board for endorsement 	September 2023	TTNSW CEO	BAU	Completed For board Approval Oct	Meets KPA Marketing and Promotion Strategy 5 Develop Para Action Plan
1.4 Conduct an access Audit of NSW clubs – (use Connect audit tool?) Update Website to include Para	<ul style="list-style-type: none"> Clubs are surveyed regarding, programs for Para access, and training needs “Where to Play in NSW ” list produced Link to Club Finder Info about where to play, 	Sept – Dec 2023	TTNSW webmaster to add to website Via broadcast mess. TTNSW Webmaster, TTNSW CEO	Website reports of results List of suitable Venues on the website	In progress	Meets KPA Administration – 2 Produce a where to play guide Strategic Plan Pillar one

information	specific events (add disability click on website					
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	results included on general website			BAU		
1.5 Develop a calendar of local regional and state programs and events for promotion to Para and	Calendar of events on TTNSW website and Active Places website and updated regularly as well as links to TTA calendar for National and International events Clear Athlete Pathway is identified on website	Dec 2023	TTNSW CEO	Produce & disseminate calendar website & Facebook BAU	On going	Meets KPA Marketing and Promotion

CLASSIFICATION

2.1 Promote opportunities for classification for Para	Link to classification information from TTA Website to be added to TTNSW website	Dec 2023	TTA – Para coordinator to provide TTNSW CEO	BAU	In progress	Strategic Plan Pill 3
2.2 Promote Seminars for Para classifiers	Increase number of NSW Classifiers. level 1 & level 2 classifiers. NSW Athletes will have access to classifiers	2023 - 2025	TTA – Para coordinator to provide to TTNSW CEO	Funding TBA	In progress	Strategic Plan Pill 3

EDUCATION

3.1 Promote inclusion of Para in TT throughout TTNSW	<ul style="list-style-type: none"> Website is updated to include Para information newsletter is distributed to all clubs and State Disability Sport Assoc (SSODS) 	Feb 2024	TTNSW Webmaster TTNSW CEO All TTNSW staff & board to attend webinars	TBA	In progress	Meets KPA Marketing and Promotion
3.2 TTNSW conduct Opening Doors modules and Inclusive Coaching as part of initiatives at metro clubs and country clubs	Coaches Officials and Volunteers who are part of initiatives receive education and resources to support the inclusion of athletes with a disability in regular programs at identified clubs	2023 - 2025	TTA in conjunction with TT NSW - provide new coaches with TOPS course module	\$1,200	In progress	Meets KPA Training and Education – Strategy Plan 5
3.3 Ensure	Overview to all Board members, club	Dec 2023	TTNSW CEO	BAU	In progress	Meets KPA

awareness of Para inclusion at all levels	administrators and members Initial newsletter to include overview of NSW DAP and inclusion of Para		Survey and Newsletter TTNSW Webmaster	BAU	In progress	Marketing and Promotion
3.4 Provide opportunity for coaches to update with Inclusive Coaching Module	Module to be added to existing courses for accredited coaches and officials.	2023 - 2025	Coaching Course Director	\$1,200	In progress	Strategic Plan pillar 5
ATHLETE PATHWAYS						
4.1 Identify and promote clear athlete pathways	Pathways for Para are identified and promoted through TTNSW website	Dec 2023	TTNSW CEO	BAU	On going	Strategic Plan pillar 5
4.2 Establish DAP programs within established clubs City & country	Identify existing clubs Conduct new programs, report and evaluate. Model to be developed for commencing new programs for Para athletes	Dec 2023	Disabilities Director & Committee TTNSW CEO & Local Contacts for Regional clubs	\$3,000	In progress	Meets KPA Club Development Strategy 1
4.3 Establish links with State Disability Sports Associations (SSOD'S)	<ul style="list-style-type: none"> Conduct forum to develop links between TT, SSOD'S include athlete representative SSOD Rep on TTNSW Disabilities Committee 	DEC 2023	Disabilities Director TTNSW CEO Facilitate forum	BAU	In progress	
4.4 Promote TT within schools as part of TTNSW DAP Metro and Regional Sports Multi-Sport come & try days	<ul style="list-style-type: none"> Teachers within schools learn skills to conduct table tennis programs within schools Students with disabilities are introduced to Table Tennis and the opportunity to continue to play at school Students are provided with links to website about TT opportunities for Para 	2023 - 2025	Multi-Sport come & Try days as nominated By TTA Para director	BAU	In progress	Meets KPA Schools Development Plan Strategy 1 Pillar 3 Strategic Plan
4.5 Set up training centres	Assist with transfer of athletes from hospitals, rehab centres & schools into club programs	2023 - 2025	TTNSW CEO	BAU	In progress	Meets KPA Club De

			Para Committee			
4.6 Enter teams in Local area comps	STSSTTA at HALC – Tuesdays Veterans Sundays once a month	April 2023	Para director	BAU	On-going	KPA action plan Strategic Plan Pill 3
4.7 State Championships – Promote Para events at all Tournaments	Encourage athletes to also enter – other events	Established	Disabilities director, TTNSW CEO	BAU	On-going	KPA competitions strategic plan pill 3

TRAINING

5.1 Set up State Training Centre 2 x Groups 1 x elite players in National Squad 1 x beginners	Regular weekly training at Fairfield PCYC Sat mornings add new venue at Chatswood	Feb - 2024	2 x coaches required	Cost \$4,000	In progress	Strategic Plan pillar 3
5.2 Enter Teams in Local competitions	STSSTTA – at HALC Tuesday Veterans Sundays once a month	Feb 2023	established	BAU	On-going	Strategic Plan Pill - 3
5.3 Strength & Conditioning	Important for players to be able to perform at their peak during National Championships	Feb 2024 also off season conditioning to maintain fitness	Co-ordinate with TTA Para	\$4,000	In progress	Strategic Plan Pill 3
5.4 Develop & educate new coaches	Specific for disabilities coaching – requires – much flexibility as there are many disabilities categories	Feb 2024	Required to be expanded on in Level 1 & 2 coaching courses – also can be added to a TOPS version for new coaches	In course costs Modules to be add	In progress	Strategic Plan pill 5

GOALS

6.1 Elite players – already in the nationals Squad and those aspiring to make the National Squad	Training x 2 days per week Match play/competition x 1 day per week Strength & Conditioning training 1 – 2 days per week – currently athletes have poor conditioning & no footwork(standing)	2023 - 2025	Aim to improve. performances at National Championships – ie more players in National Squad – leading to players selected for Para Olympic Games in Paris in 2024	TBA	In progress	AIM – to Qualify for the Para Olympic team to Paris 2024
6.2 Beginners – participation is the goal – the more Athletes the participating goal was achieved – now needs To be maintained	The aim is to have more clubs & coaches educated to be able to provide Coaching & participation for Para Players in more clubs each year.	2023 - 2025	TTNSW Disabilities Director, TTNSW CEO	TBA	In progress	Strategic Plan pillar 1